



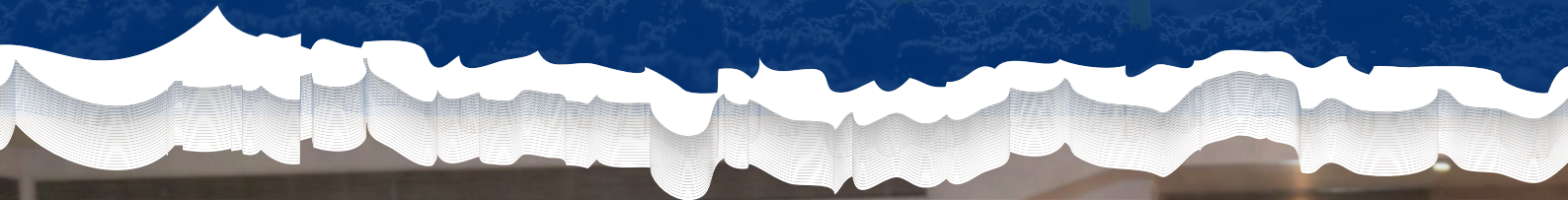
PARIVARTAN
Learning Solutions

Data. Dialogue. Transformation.

Annual Report

परिवर्तन

Jan 2025- Dec 2025



Celebrating a Year of Impact & Transformation

www.parivartanlearningsolutions.org | contactus.parivartan@gmail.com

विद्या ददाति विनयं
विनयाद् याति पात्रताम् ।
पात्रत्वात् धनमाप्नोति
धनात् धर्मं ततः सुखम् ॥

सच्ची शिक्षा केवल जानकारी
नहीं देती; वह विनम्रता,
योग्यता, उत्तरदायित्व और
सार्थक जीवन की दिशा
प्रदान करती है।

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WHO WE ARE

Parivartan is a movement dedicated to transforming education through holistic school development. We work with every stakeholder in the learning ecosystem, school leaders, teachers, students, and parents, to create meaningful, inclusive, and engaging learning experiences. Through professional development programmes, data-driven quality audits, counselling, consultation, and capacity-building initiatives, we empower schools to drive sustainable and impactful change.

Our vision is to shift education from rigid systems to responsive, inclusive, and evolving environments that truly support learning.

Our mission is to drive meaningful school transformation by strengthening systems, empowering educators, and building future-ready classrooms.

OUR CHANGEMAKERS

OUR CORE TEAM



Dr. O.P. Sharma
CHIEF ADVISOR



Ms. Anuradha Mathur
ADVISOR



Dr. Manoj Kaushik
ADVISOR



Ms. Vandana Banga
FOUNDER



Ms. Gurpreet Kaur
CHIEF STRATEGY
EVANGELIST



Ms. Prabhleen Kaur
CURRICULUM &
PEDAGOGY EXPERT



Ms. Samriddhi Bisht
CONTENT & DESIGN
ASSOCIATE

OUR MENTORS



Ms. Anamika Jain



Ms. Rani Vaid



Ms. Neeraj Taneja



Dr. Shruti Chopra



Ms. A.P. Shreelatha



Ms. Tanya Gera



Mr. Naveen Tiwari



Ms. Anuradha Mathur

OUR EXPERTS



Ms. Sutapa Laha De



Ms. Pragya Nopany



Ms. M.K. Uma



Ms. Manju Gupta



Mr. Mukul Rathi



Mr. Manish Kumar



Dr. Ajith Kumar C



Ms. Vinita Sharat

"Our greatest strength is not in what we do. but in the people who come together every day to make it happen."

FROM THE HEART OF THE FOUNDER

There comes a point, when you spend enough time in classrooms, when a simple question stays with you: Is learning really reaching every child? Not in terms of marks or syllabus completion, but in terms of understanding, confidence, and joy. Somewhere between effort and outcome, something is getting lost. Classrooms are running, but not always connecting. Lessons are taught, but not always understood. Work is being done, but its impact doesn't always reach every child. That's where Parivartan began. Not as an external solution, but from within — from real classrooms, real challenges, and real conversations with educators.

At its heart, Parivartan is about strengthening what truly shapes a school: its people, its processes, and its purpose.

-MS. VANDANA BANGA

“

Because when education begins to feel right, everything it touches begins to change.





“

**REIMAGINING EDUCATION
WITH PURPOSE,
STRENGTHENING SYSTEMS,
AND TRANSFORMING HOW
LEARNING TAKES SHAPE.**

OUR PROGRAMMES

Education is not just about classrooms, curriculum, or results. It is about shaping spaces where children feel safe and inspired to learn, where teachers feel supported and confident, and where learning feels meaningful, not mechanical.





THE LEARNING BAITHAK

- The Learning Baithak is Parivartan's **teacher development initiative** designed to equip educators with the mindset, skills, and strategies needed for next-generation education.
- Aligned with **NEP 2020** and **CBSE's in-house professional development framework**, these programmes move beyond traditional training to create immersive, reflective, and high-impact learning experiences.
- Delivered through **one-on-one coaching, in-house workshops, online and offline sessions, hands-on activities, and collaborative brainstorming**, The Learning Baithak supports continuous professional growth for educators and school leaders alike.

MADE EASY SCHOOL, GURUGRAM

A **Classroom Management Session** was conducted on **15 February 2025** at Made Easy School to equip educators with practical strategies for creating **positive, engaging, and well-organized learning environments**. The session focused on building meaningful teacher-student relationships, fostering student participation, and implementing effective classroom practices that encourage discipline through connection rather than control.



GREENWAY MODERN SCHOOL, DELHI

On **28 March 2025**, **Greenway Modern School, Dilshad Garden**, organized an enriching awareness workshop on the **PoCSO and POSH Acts**. Through insightful discussions, practical guidance, and interactive participation, attendees gained a deeper understanding of their roles and responsibilities in safeguarding children and promoting workplace dignity. The workshop reinforced the importance of awareness, sensitivity, and proactive action in fostering a secure and supportive school culture.



BUILDING SAFE SCHOOL COMMUNITIES

BIRLA EDUCATION TRUST, PILANI

PoCSO & PoSH WORKSHOPS



3 WORKSHOPS, ENGAGING 4 SCHOOLS.

- BIRLA SHISHU VIHAR, PILANI- 4 MAR 2025
- BIRLA BALIKA VIDYAPEETH, PILANI- 4 MAR 2025
- BIRLA SCHOOL, PILANI- 12 MAR 2025
- BIRLA PUBLIC SCHOOL, GANGANAGAR- 18 MAR 2025

The enthusiastic participation across all workshops reflected a shared commitment to building schools that are not only centres of academic excellence but also spaces of safety, trust, and well-being. Together, we continue to take meaningful steps towards creating happier, safer, and more inclusive educational communities.



DLF CARES FOUNDATION

On **30 May 2025**, an engaging workshop on **Effective Classroom Strategies** was conducted. The session focused on innovative and effective teaching practices aimed at enhancing student engagement, fostering inclusive learning environments, and promoting active participation in the classroom.



HDFC SCHOOL, GURUGRAM

On **1 and 2 July 2025**, an insightful workshop on **Classroom Management** was conducted for educators, emphasizing the idea that effective classroom management is built on meaningful relationships rather than mere discipline. Centered around the belief that **"Students don't care how much you know, until they know how much you care,"** the session explored practical strategies for fostering positive classroom culture, strengthening teacher-student connections.



SCERT, HARYANA

On **20 August 2025**, a state-level training programme for Master Trainers of Physics from across Haryana was organized at **SCERT Haryana** on the theme **"Teaching Physics through Low-Cost Teaching Aids."** The session focused on making physics concepts more accessible, engaging, and experiential through the effective use of **simple, affordable, and locally available resources.**



**TRANSFORMING
CLASSROOMS
WITH LOW COST,
HIGH IMPACT.**



"Empowering Educators: Building Capacity for Excellence"

D.A.V. SR. SEC. SCHOOL, GURUGRAM

LEARNING, GROWING, TRANSFORMING TOGETHER

- 27 September 2025 – STEM in Action: Turning Classrooms into Creativity Hubs
- 25 October 2025 – Life Skills
- 22 November 2025 – Gender Sensitivity
- 27 December 2025 – Happy Classrooms

Covering themes such as STEM education, life skills, gender sensitivity, and happy classrooms, these workshops empowered educators with practical strategies to enhance **student well-being**, **foster innovation**, and **promote holistic development**. The sessions provided valuable insights and reinforced the school's commitment to continuous professional growth and **excellence in education**.



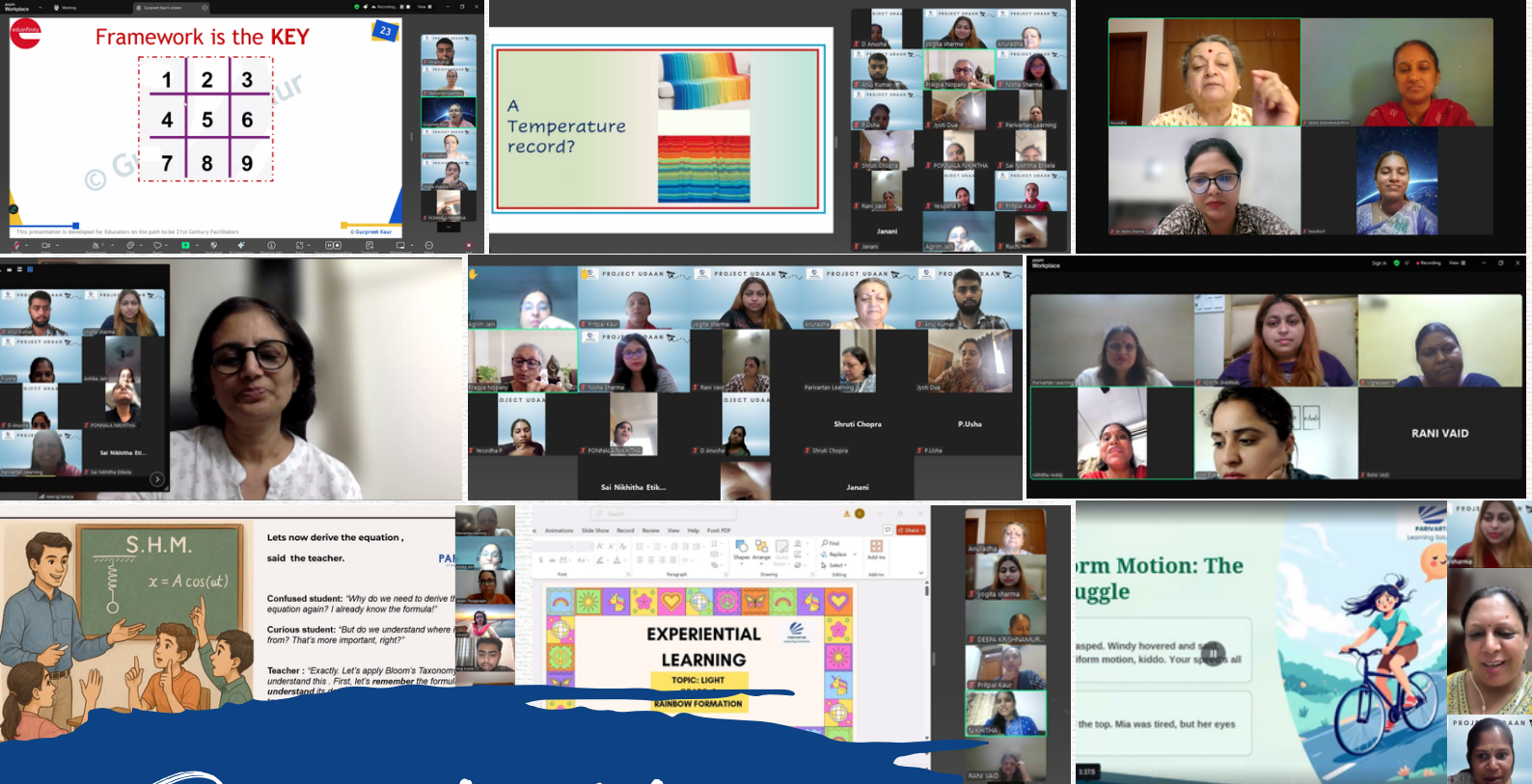
SHIKSHA BHARTI PUBLIC SCHOOL, GURUGRAM

On **13 December 2025**, teachers of Shiksha Bharti Public School, Gurugram, Haryana participated in an insightful workshop on **Art Integration**, aimed at enriching the teaching-learning process through creative and interdisciplinary approaches. The session highlighted the significance of integrating art across subjects to enhance **student engagement**, **critical thinking**, and **holistic development**.



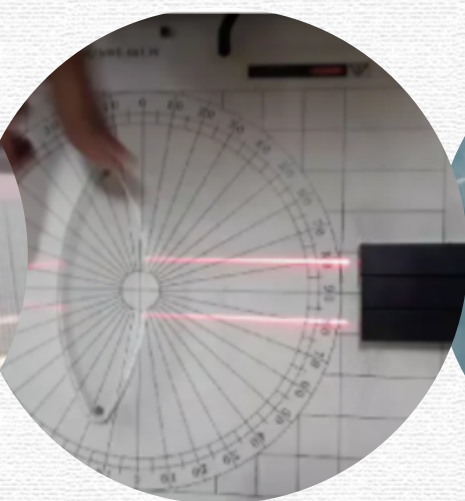
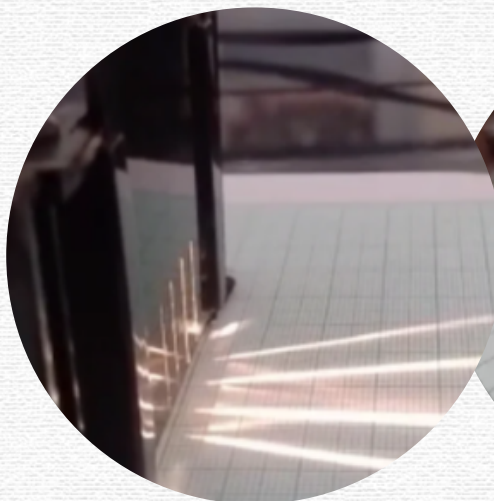
CREATIVITY BEYOND CLASSROOMS





Project Udaan

- ✓ Project UDAAN is Parivartan's **flagship internship programme** designed to help educators rethink and transform classroom practices through more engaging, meaningful, and concept-driven teaching approaches.
- ✓ The programme is designed for Physics educators who are eager to strengthen their teaching practice, whether they are early-career teachers building foundations or experienced teachers seeking fresh perspectives.



INSIDE PROJECT UDAAN

The Need For Change

In many classrooms, Physics has become a subject to memorise rather than experience. Concepts are often taught in isolation, leaving students **disconnected from the wonder and relevance of the world** around them. We believe learning Physics should **spark curiosity and encourage questioning**. Project UDAAN began with a simple purpose—to reimagine how Physics is taught and experienced.

Bridging the Gap

Project UDAAN is Parivartan's flagship internship programme designed to empower educators with innovative pedagogies, hands-on learning approaches, and deeper conceptual understanding. By combining **inquiry, reflection, and practical application**, the programme helps teachers bridge the gap between **content delivery and learning**.

UDAAN COHORT 2025

Core Learning Domains

The programme is built around four core learning domains- **hands-on activities using everyday and low-cost materials, master the art of questioning and assessment design, reimagine pedagogical approaches through the integration of emerging technologies**, and deepen their **understanding of fundamental Physics concepts**. Together, these domains empower teachers to create engaging, and future-ready learning experiences.

Programme Flow

The programme follows a structured learning journey comprising **weekly interactive sessions with mentors and peers**, continuous **feedback on assessments and research work**, **expert-led masterclasses on emerging technologies**, collaborative sharing of learnings across domains during the **culmination session**, and a final **felicitation ceremony** celebrating participants' growth and contributions.

Creating Lasting Impact

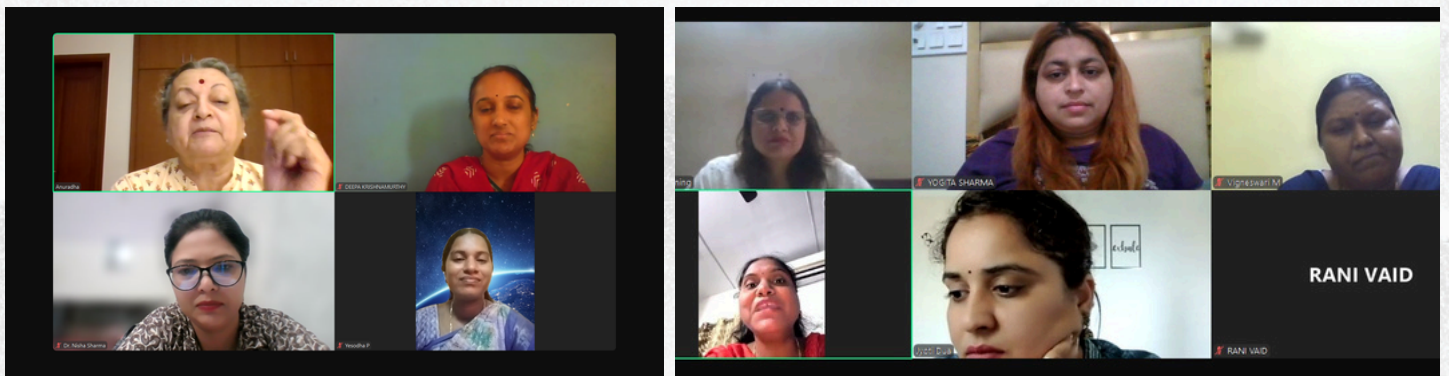
When teachers rethink how they teach, **classrooms begin to change**. Students participate more actively, ask deeper questions, and **develop confidence in their own understanding**. Project UDAAN is more than a professional development initiative—it is a growing community of educators committed to making Physics **meaningful, accessible, and joyful** for every learner.

UDAAN COHORT 2025

May 2025 - September 2025

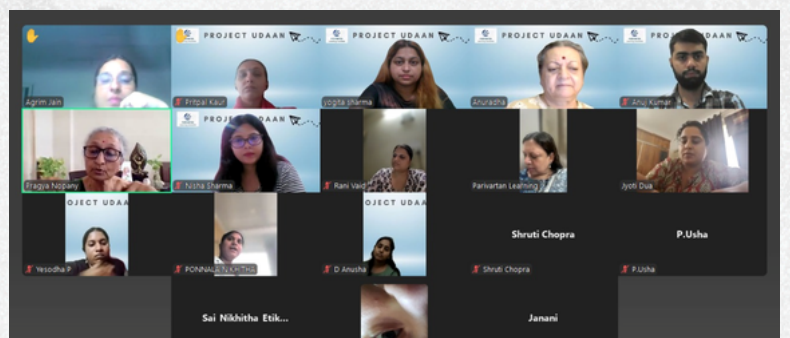
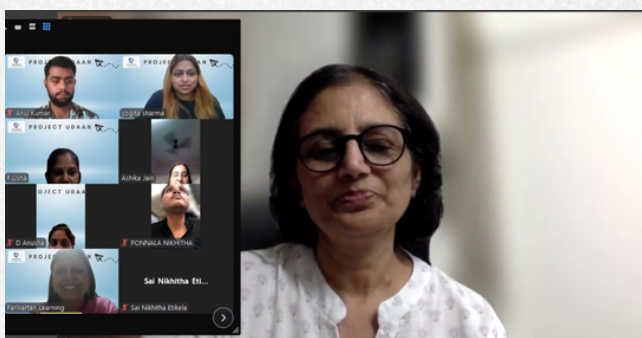
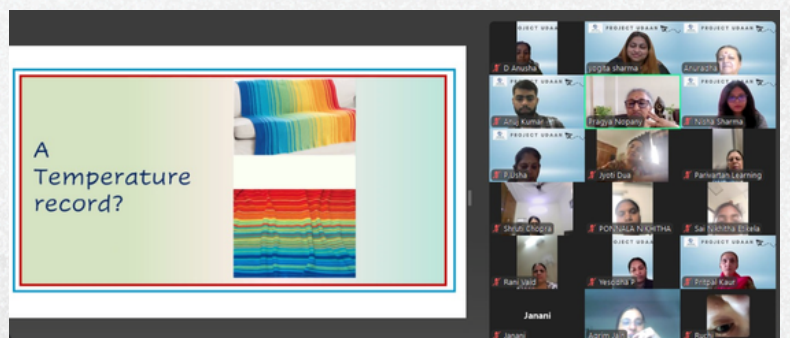
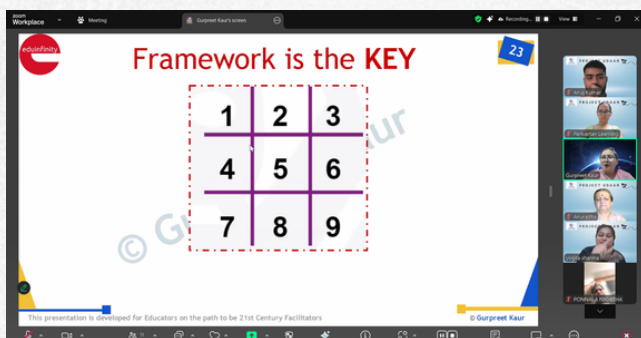
WEEKLY INTERACTIVE SESSIONS

Our weekly interactive sessions create a collaborative space where **interns engage with mentors and peers to discuss ideas, reflect on classroom experiences,** and explore innovative approaches to teaching Physics. These sessions encourage dialogue, peer learning, and continuous growth through meaningful exchange and feedback.



MONDAY MASTERCLASSES

Led by **experienced educators and domain experts,** the Monday Masterclasses expose interns to **emerging trends, innovative pedagogies, and cutting-edge developments** in education. Each session is designed to broaden perspectives, deepen understanding, and inspire participants to bring fresh ideas into their classrooms.



MONDAY MASTERCLASS

STEAM-oriented sessions by domain experts for UDAAN interns

 **PARIVARTAN**
Learning Solutions

 AN EXEMPLARY OPPORTUNITY OF LEARNING FOR OUR UDAAN INTERNS

MONDAY MASTERCLASS

BRIGHT IDEAS:
Exploring Bulbs, Circuits, and Resistance

 **16 JUNE 2025**
5:00 p.m. to 6:00 p.m.

GUEST SPEAKER
M K UMA
RESOURCE PERSON
AMMANNI ANVESHKA, BANGALORE

 contactus.parivartan@gmail.com



 **PARIVARTAN**
Learning Solutions

 **STEM**

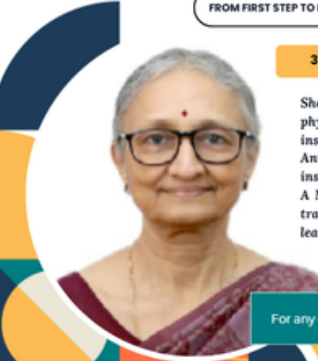
STEM IN ACTION: FROM IDEA TO PRACTICE

FROM FIRST STEP TO FINALE – WRAPPING UP OUR STEM MASTERCLASSES WITH STYLE

31 AUGUST 2025 **4:30 P.M. – 5:30 P.M.**

She has conducted over 600 experiential workshops in physics and science across India, mentoring teachers and inspiring students. Founder-Coordinator of BVN-IAPT Anveshika, she has trained educators at leading institutions and pioneered innovative classroom practices. A National Awardee for Teachers (2017), she continues to transform classrooms into vibrant spaces of curiosity and learning.

For any query, write to us at contactus.parivartan@gmail.com



 **PARIVARTAN**
Learning Solutions

THE STORY OF A Light Bulb

An extraordinary journey of science, innovation & imagination!



Exclusively Curated Masterclass for Udaan Interns

 **Monday, 9 June 2025**
5:00 p.m. - 6:00 p.m.

 **Mr. Manish Kumar**
Renowned Physics Enthusiast & a Marvellous Storyteller

The session is where learning meets wonder and curiosity lights up like a bulb.

COMPREHENSIVE LEARNING | **ENGAGING STORYTELLING** | **INNOVATIVE PEDAGOGY**

 Contact Us
contactus.parivartan@gmail.com



 **PARIVARTAN**
Learning Solutions

UNDERSTANDING STEM & STEAM SYNERGY

An exclusive opportunity for Udaan interns to explore an interdisciplinary approach to learning

MS. VINITA SHARAT

With over 25 years in education, she is a visionary leader in STEAM learning, currently serving as Head of STEAM at Shiv Nadar School. Her journey spans roles from Physics facilitator to strategic advisor, with collaborations including CERN, ITER, and IUCAA.

SESSION DETAILS:  **21 JULY 2025 MONDAY**  **5:00 P.M. TO 6:30 P.M.**



 **PARIVARTAN**
Learning Solutions

STEM IN FOCUS

Shaping Thinkers and Problem-Solvers

 **TUESDAY, 5 & 12 AUGUST**
 **05:00 - 06:00 PM (FOR BOTH THE DAYS)**

MS. NEERAJ TANEJA

An M.Phil in Physics and seasoned educator with an experience of over 30 years, across national and international curricula, celebrated for her contributions to STEAM education and innovative science teaching.

For any queries, contact us:  contactus.parivartan@gmail.com



 **PARIVARTAN**
Learning Solutions

Masterclass STEM Frameworks for Problem Solving

 **19 AUG 2025**
5:00 P.M. TO 6:00 P.M.

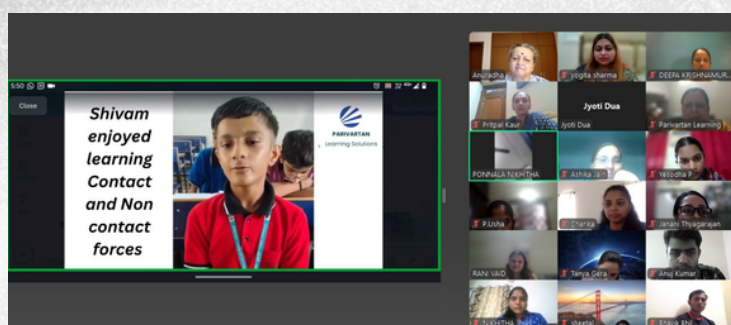
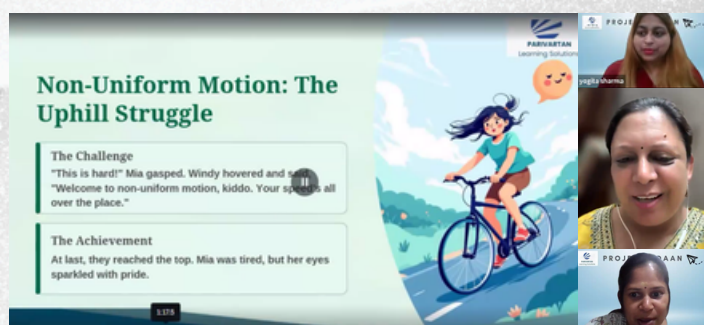
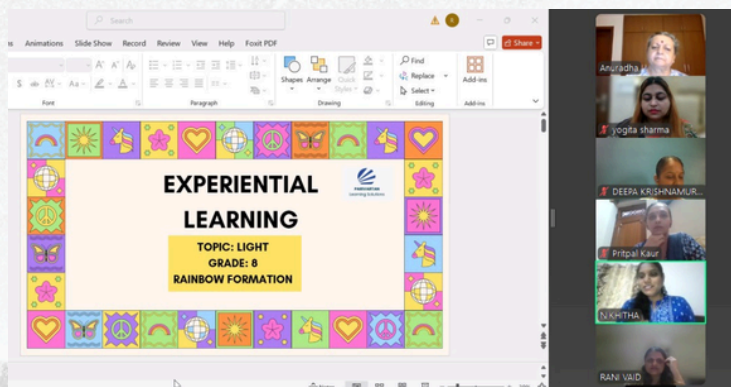
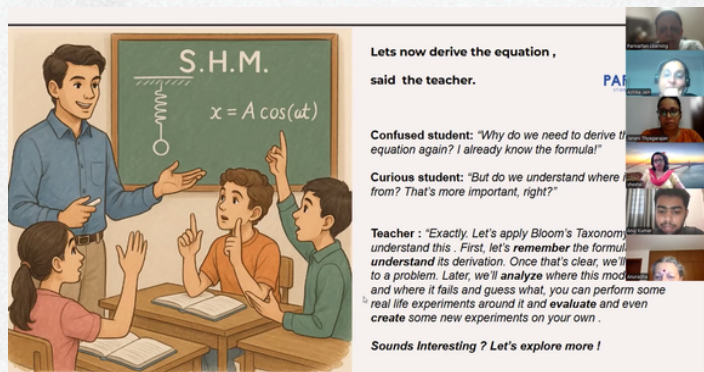
RESOURCE PERSON: MS. GURPREET KAUR

With 28 years in education, she has journeyed from an educator to an edupreneur to an IT thought leader. She has authored acclaimed IT books for CBSE, NIOS, and NCERT, while training and inspiring teachers, students, and leaders. Moreover, she is a Google Innovator and Adobe Ambassador, driving AI-readiness and data fluency in education. She now serves as Global Head of Alliances and Partnerships at a leading IT firm.



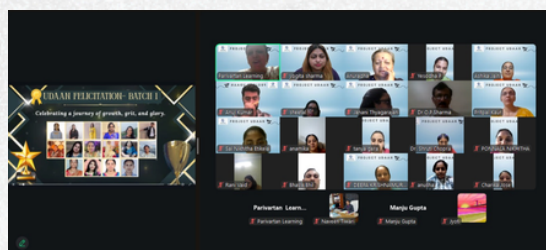
CULMINATION SESSIONS

The culmination session brings together interns from across all domains to present their learnings, **share classroom experiences, and exchange ideas** with peers and mentors. This collaborative showcase fosters **cross-domain learning, deeper reflection, and holistic growth**



FELICITATION CEREMONY

The programme concludes with a felicitation ceremony that **celebrates the dedication, growth, and contributions** of every participant. It is a moment to acknowledge achievements, recognise commitment to **transformative teaching practices**, and honour the **collective impact** created through the UDAAN community.





A GLORIOUS SAGA OF EXCELLENCE



TRAILBLAZERS IN EDUCATION MAKING A DIFFERENCE

(Names are left to right in each row, proceeding row by row from top to bottom)

- Ms. Sai Nikhitha Etikela - G. Narayanamma Institute of Technology and Science, Hyderabad
- Ms. Usha P. - Vidyaniketan Public School, Bengaluru
- Ms. Sheetal - Gyanshree School, Noida
- Ms. Anusha Damani - Brahm Prakash DAV School Midhani
- Ms. Janani Thyagarajan - Akshar Arbol International School
- Mr. Anuj Kumar
- Dr. Ashika Jain - The Manthan School
- Ms. Jyoti Dua - St. Michael's Sr. Sec. School, Gurugram
- Ms. Ponnala Nikhitha - Brahm Prakash DAV School Midhani
- Ms. Pritpal Kaur Sandhu - S.G.T.B. Khalsa College (Delhi University)
- Ms. Yogita Sharma - KIIT World School, Gurugram
- Ms. Yesodha P. - SRM Public School, Chennai
- Ms. Deepa Krishnamurthy - Vidyaniketan Public School, Bengaluru
- Dr. Nisha Sharma - K-IIT World Schol, Gurugram
- Ms. Charika Jose - Christ University
- Mr. Bhavik Bhil - Regional Institute of Education, Bhopal

Our Interns, Our Pride

Reflections from our INTERNS

TESTIMONIALS



One of the biggest changes I noticed in myself was the shift from seeing Physics as content to be delivered, to seeing it as a story to be experienced. This journey gave me a fresh lens to view my teaching- not just as the transmission of knowledge, but as taking students on an experience.

~ **MS. USHA P.**



Udaan has been one of the most transformative experiences of my professional life. Its structured approach, emphasis on consistency, and focus on nurturing reflection set it apart from all other training programs I have attended in my career.

~ **MS. SHEETAL**



The masterclasses were the most refreshing part of Udaan. Each week brought in a new expert with unique insights, opening new doors of learning for me. Interacting with such esteemed guests was both motivating and humbling—it inspired me to work harder, with the hope that one day I too could inspire my students.

~ **MR. ANUJ KUMAR**



Udaan has given me wings! I am now able to apply these approaches in my classroom. I can identify the causes behind the ineffective learning of struggling students and address their challenges professionally, rather than offering only emotional support.

~ **MS. JYOTI DUA**



Applying Udaan learnings in my classroom has been like planting new seeds. But what matters most is this: my classroom feels alive again. Udaan was not just an internship- it was a mirror that revealed both my strengths and my blind spots.

~ **DR. ASHIKA JAIN**



Each session is impactful, offering meaningful insights that help teachers refine their practices, reflect deeply, and grow. It empowers educators with confidence, motivation, and innovative strategies to engage their students effectively.

~ **MS. DEEPA KRISHNAMURTHY**



Collaboration with co-interns was a fundamental aspect of the Udaan Internship, shaping my professional learning as well as my personal growth. From the very beginning, the program emphasized peer engagement as a powerful tool for reflection, experimentation, and innovation.

~ **MS. PONNALA NIKHITHA**



Udaan transformed me from a traditional instructor into an inspired, reflective educator who teaches with curiosity, compassion, and creativity. This internship has profoundly shaped my growth, both professionally and personally, influencing every aspect of my teaching and learning.

~ **MS. CHARIKA JOSE**



To sum up in one thought, Udaan has been both a mirror and a stepping stone. A mirror, because it showed me my old practices and how limited they were. A stepping stone, because it guided me towards becoming the kind of teacher I want to be curious, creative, reflective, and inspiring.

~MS. ANUSHA DAMANI



As the days, weeks, and months passed, I realized that this internship was not just a program, it was a journey of self-discovery, professional growth, and personal transformation. It changed the way I look at teaching, learning, and even myself.

~ MS. SAI NIKHITHA ETIKELA



A unique feature was the masterclasses. They were not one-way lectures, but immersive experiences that completely changed the way I looked at my subject. That moment stayed with me: "Physics doesn't always need sophisticated labs, it needs creativity and imagination."

~MS. JANANI THYAGARAJAN



I needed to work on depth of pedagogical design. I never consciously thought about whether my activity aligned with Kolb's Experiential Learning Cycle or whether the narrative of my class could be strengthened using storytelling techniques. It helped me relook at my teaching with fresh eyes.

~ MS. YOGITA SHARMA



I have transformed from being a content-deliverer to a facilitator of curiosity. I have improvised upon my old practices by slowing down, using inquiry, adding real-life relevance, encouraging collaboration, and reflecting continuously. My classroom is no longer a one-way flow of information but a space of questioning, experimenting, and joyful exploration.

~ MS. PRITPAL KAUR



I learned to be more open to new ideas and to appreciate different ways of doing things. I've realized that there's always something to learn from others, no matter their background. It has made me a more empathetic and understanding person.

~ MS. YESODHA P.



After every presentation, every activity, and every discussion, we reflected on what went well and what could be better. Mentor's feedback was constructive, sometimes challenging, but always motivating. It was through this process that I learned to critically examine my teaching practices and grow in ways I hadn't imagined before.

~ DR. NISHA SHARMA

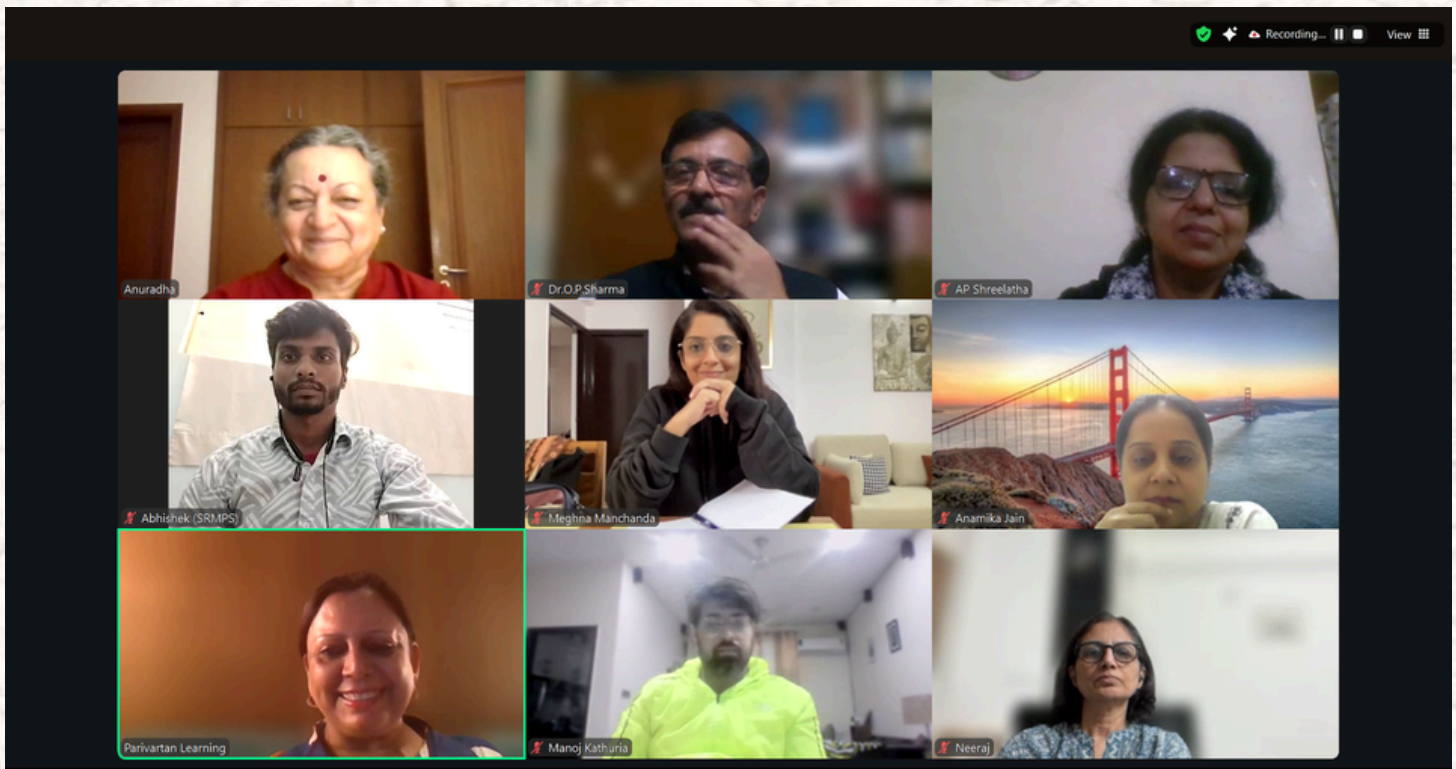


The most foundational of these unique elements is its structure which creates an intimate and focused learning environment, a stark contrast to more generalized programs. The monthly "Culmination" day is another cornerstone of the experience. It serves as a formal platform where we get to know each other's work, and it feels less like an assessment.

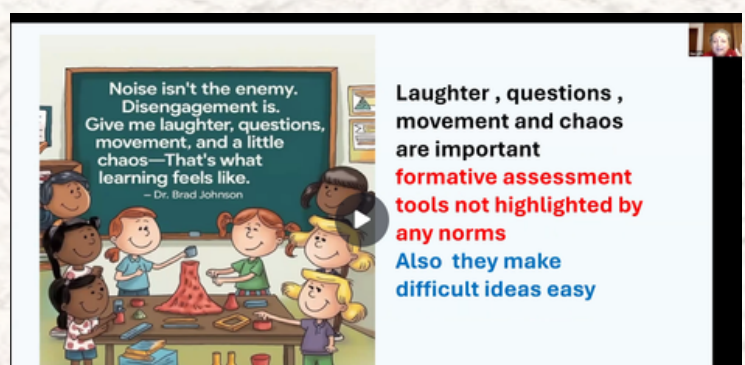
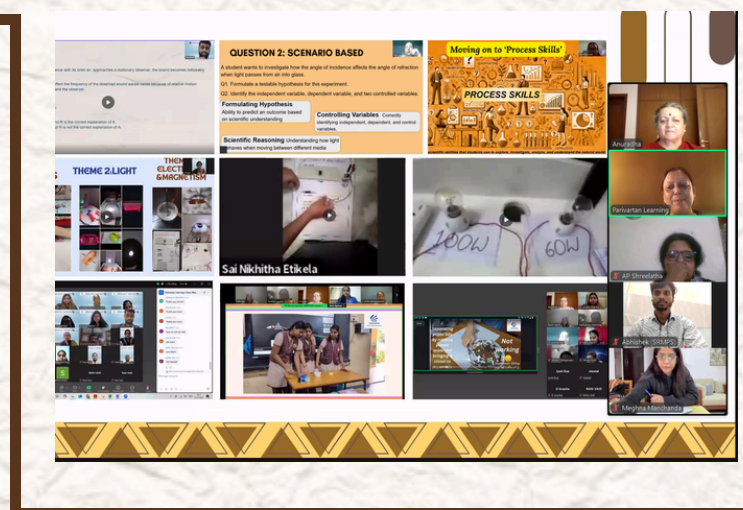
~ MR. BHAVIK BHIL

UDAAN COHORT 2025-26

November 2025–May 2026

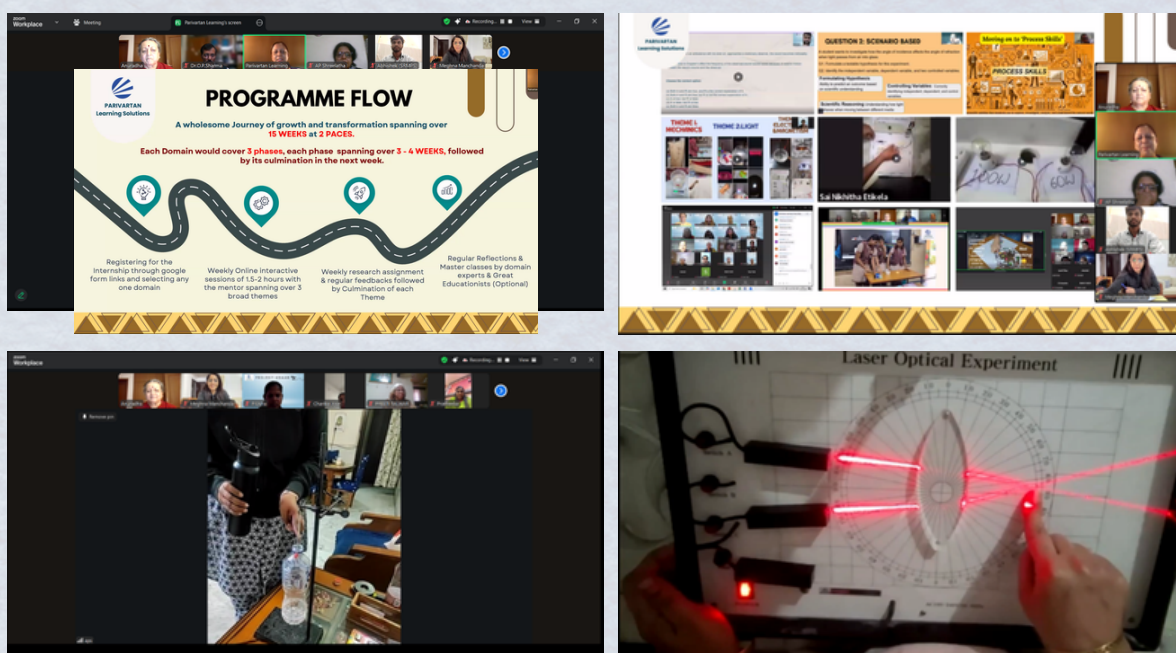


Building on the success of the inaugural cohort, Project UDAAN welcomed its second cohort in November 2025. The programme carried forward its **commitment to inquiry-driven teaching** through weekly sessions, **mentor feedback**, hands-on learning experiences, and **masterclasses led by domain experts**, fostering a growing community of Physics educators committed to meaningful classroom transformation.

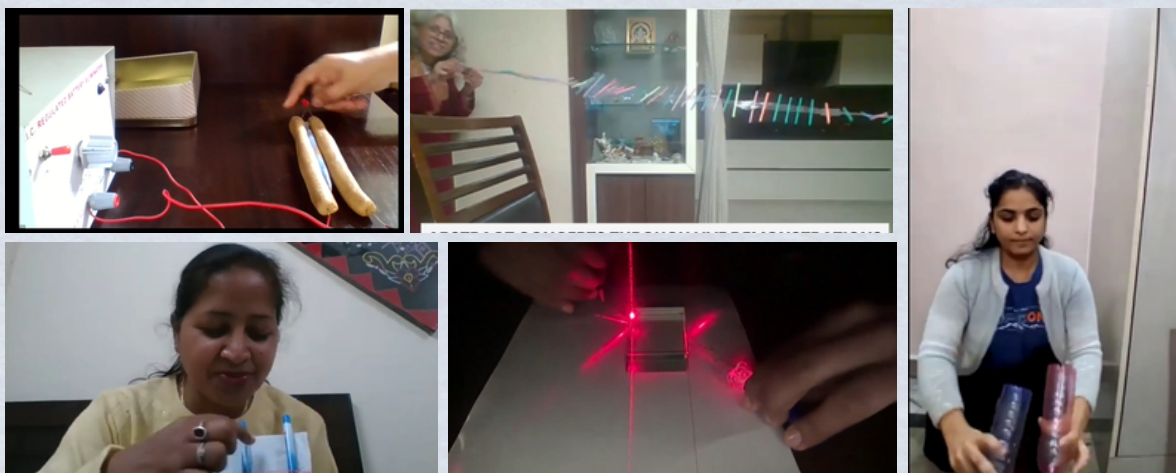


Together. We Reimagine Learning.

ORIENTATION SESSION



WEEKLY SESSIONS WITH MENTORS



MONDAY MASTERCLASSES



PARIVARTAN
Learning Solutions

MONDAY MASTERCLASS

**Quick Thinking Routines for
Better Engagement &
Understanding**

**Exclusive Opportunity
for Udaan
Interns!**



Ms. Neeraj Taneja

**8 December
2025**

**5:00 P.M. to
6:00 P.M.**

She holds an MPhil in Physics and is a seasoned educator with an experience of over 30 years, across national and international curricula, celebrated for her contributions to STEAM education and innovative science teaching.

For any queries:



PARIVARTAN
Learning Solutions

Masterclass

**FROM CLUTTER TO CLARITY:
MASTERING GOOGLE DRIVE ORGANIZATION**

**25 NOV : 5:00 P.M. TO
6:00 P.M.**

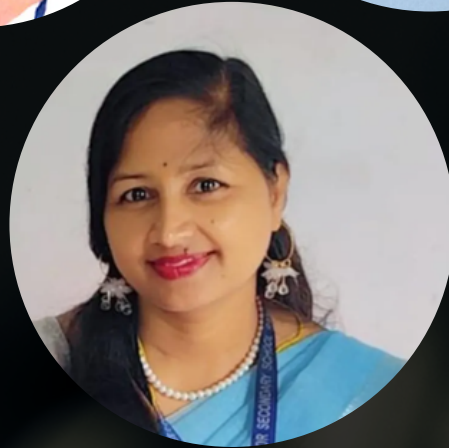
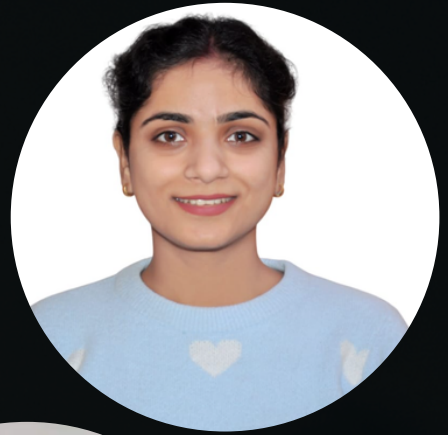
**EXCLUSIVE OPPORTUNITY
FOR UDAAN INTERNS**

- With 28 years in education, she is a leading IT educator, shaping curricula, training stakeholders, and authoring books for CBSE, NIOS, and NCERT.
- A Google Champion and Adobe Creative Ambassador, she drives tech-enabled, AI-ready learning.
- As Founder Director of EduInfinity, she exemplifies lifelong learning, inspiring others to embrace new challenges with confidence.



MS. GURPREET KAUR

MEET OUR GROWING UDAAN COMMUNITY



THE NEXT WAVE OF EDUCATORS

(Names are left to right in each row, proceeding row by row from top to bottom)

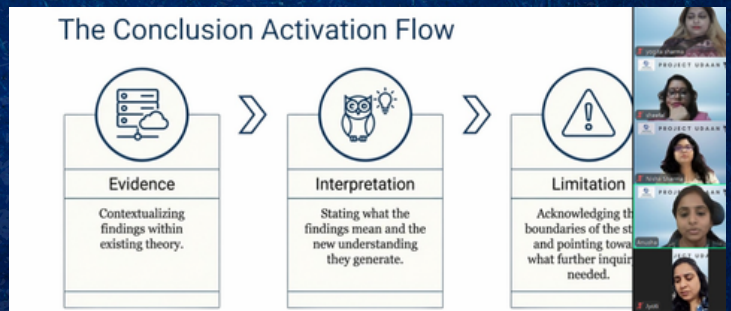
- Ms. Ankita Ahuja- Bal Bharati Public School, Rohini
- Mr. P. Abhishek- SRM Public School, Tamil Nadu
- Ms. Pushpita Kukreja
- Ms. Preeti Talwar- DAV Centenary Public School, Jaipur
- Ms. Jaishree Thakur- St. Joseph's Convent Sr. Sec. School

Our Interns, Our Pride

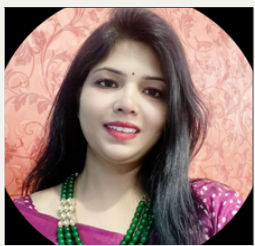
THE REFLECTIVE TEACHER

Bringing the practice of *Action Research* into classrooms.

Launched in November 2025 | Journey in Progress



Meet our Interns



Dr. Nisha Sharma



Ms. Sheetal



Ms. Yogita Sharma



Ms. Jyoti Dua



Ms. Anusha Damani

- Rooted in **NEP 2020**, The Reflective Teacher is a transformative programme that enables educators to **critically examine** and evolve their **teaching practices through action research**.
- It encourages teachers to move **beyond routine methods** and become **active investigators of their own classrooms**—questioning, analysing, and improving their approaches based on real evidence.

Monday

MASTERCLASSES

Monday Masterclass
TOWARDS REFLECTIVE TEACHING:
ACTION RESEARCH IN PHYSICS EDUCATION

RESOURCE PERSON: DR. SHRUTI CHOPRA

With a PhD in the development of pedagogical content knowledge of physics teachers, she has conducted numerous workshops with NCERT, CBSE, and UGC. A researcher, academic, and teacher educator, she brings both depth and clarity to the learning experience.

15 December 2025
05:00 PM TO 06:00 PM

91 98710 50474
contactus.parivartan@gmail.com

Monday Masterclass
ACTION RESEARCH IN PHYSICS

22 December 2025 **5:00 PM - 6:30 PM**

RESOURCE PERSON: DR. AJITH KUMAR C

Associate Professor, School of Education, IGNOU & Coordinator of the PG Diploma in Educational Technology (PGDET) at IGNOU

Golden Opportunity for Physics Educators

+91 9871050474
contactus.parivartan@gmail.com

Masterclass
SMALL CHANGES, BIG IMPACT: ACTION RESEARCH IDEAS FOR PHYSICS TEACHERS

30 December 2025
5:00 PM - 6:30 PM

DR. MANOJ KAUSHIK
Head of Education Technology & DIETs Wing (SCERT, Haryana)

With a PhD in Education Technology and over three decades of experience, he is a distinguished academic researcher. He has played a pivotal role in advancing ICT integration and teacher training through his leadership at SCERT, Gurugram, Haryana.

contactus.parivartan@gmail.com +91 9871050474

Our esteemed Resource Persons

- Dr. Shruti Chopra- 15 December 2025
- Dr. Ajith Kumar C- 22 December 2025
- Dr. Manoj Kumar Kaushik- 31 December 2025

Types of Action Research

- Individual Action Research: Single teacher focus
- Collaborative Action Research: Group of teachers
- School-wide Action Research: Whole school focus
- District-wide Action Research: Multiple schools

PREETI TALWAR

PROJECT UDAAN

OBJECT UDAAN

Rani Vaid

Key Features

- Classroom-based
- Teacher-led
- Small and simple
- Uses tests, worksheets, observations

PROJECT UDAAN

OBJECT UDAAN

pretest and post test scores on achievement in Physics on difference between AS and BS

Methodology:
Research Type: Experimental research (AT)
Sample: 30 students seventh class
Tools: Activity based learning module/package
Strategies:

Mean Pre-Test Score of 30 students = 20
Mean Post-Test Score 30 students = 45

qualitative
qualitative and quantitative
qualitative
qualitative
qualitative
qualitative
How was the activity based learning activity?
How good was activity learning activity- Good Bad

माहौल पूरा WAVVY

On **29 November 2025**, Mahol Pura WAVVY at K-IIT World School, Gurugram, brought educators together for an engaging professional development experience focused on making the teaching of **Waves and Oscillations** more meaningful and effective. Led by Mr. Mukul Rath, the session explored innovative, hands-on approaches to simplifying complex concepts and transforming abstract ideas into relatable classroom experiences. Through **interactive demonstrations**, collaborative discussions, and practical strategies, teachers discovered new ways to enhance student understanding and engagement. The session was further enriched by the presence of **Dr. O.P. Sharma, Dr. Manoj Kaushik, and Ms. Pragya Nopany**, whose insights added depth to the conversations around effective teaching and impactful learning.

EXPERIENTIAL PEDAGOGY

CURIOSITY IN ACTION

CONCEPTUAL CLARITY

INNOVATIVE TEACHING

Teaching Beyond Textbooks



SAMVADIKA

A platform for meaningful dialogue where educators, experts, and thought leaders gather to reflect, exchange, and explore ideas that truly matter.

In collaboration with Lok Vigyan Parishad

We hosted an insightful session on **"Quantum Computing and Its Future"** led by **Mr. Sanjay Upreti (IBM Corp., USA)**. The session offered participants a fascinating glimpse into the emerging world of quantum technologies, their transformative potential, and their implications for science, education, cybersecurity, and industry. The dialogue brought together distinguished educationists and thought leaders, including **Dr. O.P. Sharma** (Former Director, IGNOU), **Dr. H.K. Sahjwani** (President IAPT), **Dr. Manoj Kaushik** (SCERT, Haryana), and several other eminent academicians, fostering meaningful discussions on the future of technology and learning.

Conducted in collaboration with Lok Vigyan Parishad

संवादिका
A series of thoughtful dialogues and exchanges

An initiative by
Lok Vigyan Parishad & Parivartan Learning Solutions

EMERGENCE OF QUANTUM COMPUTING & THE FUTURE DIRECTION

Resource Person: Mr. Sanjay Upreti
Senior Engineer,
IBM Corp., USA

Saturday
15 November 2025

5:30 PM - 6:30 PM

Mode of session
Online

Registration Link

A Certificate of Participation will be awarded to participants who attend the entire session.

Scan QR Code to Register

MOMENTS OF CHANGE



CARE CONVERSATIONS

your child doesn't need a perfect parent. they just need you

STAR INTERNATIONAL SCHOOL, GONDIA

On 5 April 2025 at Star International School, Gondia we facilitated Care Conversations, creating a reflective space for parents to explore the importance of connection, communication, and emotional presence in their children's lives. Through meaningful dialogue and practical insights, the session highlighted how everyday interactions shape a child's confidence, resilience, and overall well-being.

Reimagining education with purpose, strengthening systems, and transforming how learning takes shape.

“

"Parivartan is the quiet transformation that happens when understanding replaces instruction, purpose replaces routine, and learning begins to touch lives."

”



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www.parivartanlearningsolutions.org



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